TERMAS de ALCAFACHE

THERMAL SPA

SPA Catalog Programs

@termasalcafache

@termasdealcafache

Rua do Balneário, 3530-026 Viseu



termasdealcafache.pt

reservas@termasdealcafache.pt



Cellphone: (+351) 925 937 429 Fixed phone: (+351) 232 479 797

Anti-Stress / Anti-Fatigue - 1 to 3 days

1st day

- Hidrating Relaxing Hydromassage
- •Jet Shower
- Individual pool with Jacuzzi and Essences
- Massage with Volcanic Stones
- •Heated Bed Rest

3rd day

- Individual pool with Jacuzzi and essences
- •Jet Shower
- Vichy Massage Shower with Moisturizing Milk
- Volcanic Stone Massage
- •Rest in a heated bed

2nd day

- •Thermal Clay Body Wrap
- •Hidrating Relaxing Hydromassage
- •Jet Shower
- •Volcanic Stone Massage
- Heated Bed Rest



Relaxing Thermal Circuit

Application of Thermal Clays

Spray/Jet Shower

• Thermal Pool

Heated Bed Rest



Stress Healing - 1 to 3 days

1st day

• Hidrating Relaxing Hydromassage

- •Body Peeling "Sale e L'Uva"
- Body Wrapping with "Mousse di Mare"
- "Vinotherapy" Massage
- •Rest in a Heated Bed

3rd day

- Jet Shower
- Vichy Massage Shower with "Slim Grape Oil"
- Volcanic Stone Massage with "Vinaccioli Oil"
- •Heated Bed Rest

2nd day

- Individual pool with Jacuzzi and Essences
- •Body Wrapping "Mousse di Mare"
- Relaxing Massage with "Vinaccioli Oil"
- •Rest in a heated bed



Moisturizing / Remineralizing - 1 to 3 days



1st day

- Sessão de Ginásio
- •Duche de Jacto
- •Peeling Corporal de "Sale e L'Uva"
- •Envolvimento com "Mousse di Mare"
- Massagem hidratante/remineralizante Uva Slim

2nd day

- •Gym Session
- •Jet Shower
- Hidrating Relaxing Hydromassage
- Moisturizing/remineralizing massage with "Vinaccioli Oil"

3rd day

- •Gym session
- •Wrapping with "Mousse di Mare"
- Individual pool with Jacuzzi and Essences
- Uva Slim Oil moisturizing/remineralizing massage

Preçário

- 1 dia:98€
- 2 dias: 165€
- 3 dias: 230€

Toning / Moisturizing - 1 to 3 days

1st day

• Gym Session

- Dermo-exfoliating Peel
- Thermal Clay Body Wrap
- •Jet Shower
- •General Massage
- •Heated Bed Rest

2nd day

- •Gym Session
- •Jet Shower
- •Hidrating Relaxing Hydromassage
- •General Massage
- Heated Bed Rest

3rd day

- Gym Session
- Jet Shower
- Individual Pool with Jacuzzi and Essences
- •General Massage
- •Heated Bed Rest

Prices
1 day: 85€
2 days: 150€
3 days: 210€

1 Hour of Thermal Facial Treatment

• Make-up removal

•Toning

• Peeling

Active ingredient

Massage



Mask applicationFinishing cream

Price

33€

Thermal Facial Deep Cleansing - 1 or 3 days

1st day

• Facial cleansing "Nettare di Uva"

- Facial toning "Pioggia di Vigna"
- Facial peeling "Frappé di Vite"
- •Oxygenation with "Thermal Steam"
- Extraction of impurities (Desincrustation)
- Facial massage with grape Pate
- Application of "Brightening Mask"
- Application of finishing cream

3rd day

- Facial cleansing "Nettare di Uva"
- Facial toning "Pioggia di Vigna"
- Facial massage with Grape Pate
- Application of "Brightening Mask"
- Application of finishing cream

2nd day

•Facial cleansing "Nettare di Uva"

- •Facial toning "Pioggia di Vigna"
- Facial massage with Grape Pate
- Application of "Brightening Mask"
- •Application of finishing cream

Prices

1 day: 55€ 3 days: 154€

Deep Facial Detox with hydration - 1 or 3 days

1st day

Facial cleansing "Nettare di Uva"
Facial toning "Pioggia di Vigna"
Facial peeling with "Glycolic Acid"
Oxygenation with "Thermal Steam"
Extraction of impurities (Desincrustation)
Facial massage with grape Pate
Application of "Bacco e Venere" Mask
Application of finalizing cream

3rd day

Facial cleansing "Nettare di Uva"
Facial toning "Pioggia di Vigna"
Enzymatic facial peeling
Facial massage "Vitalizing Massage Cream"
"Hydratant Concentrate" application
Aqua Genomics Mask with Sea Water
Application of "Aqua Sobert Rich"

2nd day

- •Facial cleansing "Nettare di Uva"
- •Facial toning "Pioggia di Vigna"
- Enzymatic facial peeling
- •Facial massage "Vitalizing Massage Cream"
- "Hydratant Concentrate" application
- •Aqua Genomics Mask with Sea Water
- Application of "Aqua Sobert Rich"

Prices

1 day: 55€ 3 days: 154€

Anti Wrinkle Facial Treatment - 5 days

1st day

- Facial cleansing "Nettare di Uva"
- Facial toning "Pioggia di Vigna"
- Facial peeling with "Glycolic Acid"
- •Oxygenation with "Thermal Steam"
- Extraction of impurities (Desincrustation)
- Facial massage with Grape Pate
- Application of "Bacco e Venere" Mask
- Application of finalizing cream

2nd day

- Facial cleansing "Nettare di Uva"
- Facial toning "Pioggia di Vigna"
- Facial peeling with "Glycolic Acid"
- Application of "Bacco e Venere" Mask
- Facial massage with Grape Pate
- Application of "Eye Lift-Ox" Eye Contour Cream

3rd day

- Facial cleansing "Nettare di Uva"
- Facial toning "Pioggia di Vigna"
- Application of "Bacco e Venere" Mask
- Facial massage with Grape Pate
- Application of ampoule "Lacrimi di Uva"
- Application of "Eye Lift-Ox" Eye Contour Cream

4th day

- Facial cleansing "Nettare di Uva"
- Facial toning "Pioggia di Vigna"
- Facial massage with Grape Pate
- Application of "Lacrimi di Uva" ampoule
- Application of "Bacco e Venere" Mask
- Application of "Eye Lift-Ox" Eye Contour Cream
- Application of finishing cream

5th day

- •Facial cleansing "Nettare di Uva"
- Facial toning "Pioggia di Vigna"
- Facial peeling with "Glycolic Acid"
- •Facial massage with Grape Pate
- •Application of "Lacrimi di Uva" ampoule
- •Application of "Bacco e Venere" Mask
- Application of "Eye Lift-Ox" Eye Contour Cream
- •Application of finishing cream



Fit body Program - 1 to 3 days

1st day

•Gym Session

• Moisturizing Body Peeling

• Dermo-exfoliating Gel Application

• Vichy Massage Shower with moisturizing milk

2nd day

- •Gym Session
- •Jet Shower
- Reducing Wrapping (Thighs, buttocks and abdomen)
- •Localized Massage with anti-cellulite cream
- •General Reducing Wrap

3rd day

- •Gym Session
- Jet Shower
- Pressotherapy

•Localized anti-cellulite massage (Thighs, buttocks and abdomen)

1 day: 85€ 2 days: 150€ 3 days: 210€

Prices

Cellulite with Fluid Retention - 5 days

1st day

- Gym Session
- •Jet Shower
- •Body Peeling "Sale and L'uva"
- •Mousse Di Mare" body wrap
- •Localized draining massage with "Coktail Di Vigna"

2nd day

Pressotherapy with application of "Cryotherapy Gel"
Hidrating Relaxing Hydromassage
Wrapping with "Mousse Di Mare"
Draining Localized Massage with "Uva Slim"

3rd_day

- Gym Session
- •Jet Shower
- •Wrapping with "Mousse Di Mare"
- •Individual pool with Jacuzzi and essences
- •Localized draining massage with "Grape Slim Oil"

4th day

- Pressotherapy with application of "Cryotherapy Gel"
- •Jet Shower
- •Wrapping with "Mousse Di Mare"
- •Localized draining massage with "Coktail Di Vigna"

5th day

Pressotherapy with application of "Cryotherapy Gel"
Relax hydromassage moisturizing
Wrapping with "Gel di Vigna del Mare"
Localized draining massage with "Grape Slim Oil"

Price

5 days: 385€

Harden and Compact Cellulite - 7 days

1st day

- Pressotherapy with application of "Cryotherapy Gel" 5th day
- Jet Shower
- Body peeling "Sale and L'uva"
- "Pink Cataplasm" wrapping
- Draining localized massage with "Grape Slim Oil"

2nd day

- Gym Session
- Jet Shower
- Wrap with "Gel di Vigna del Mare"
- Draining localized massage with "Grape Slim Oil"

3rd day

- Jet Shower
- "Pink Cataplasm" wrapping
- Draining Localized Massage with "Grape Slim Oil"

4th day

- Gym Session
- Vichy Massage Shower with "Vinaccioli Oil"
- Mouse di Mare" wrap
- Draining localized massage with " Grape Slim Oil"

- Pressotherapy with application of "Cryotherapy Gel"
- Jet Shower
- "Gel di Vigna del Mare" Wrapping
- *Localized draining massage with " Grape Slim Oil "

6th day

- Gym session
- Collagen-enriched Relaxing Hydromassage
- "Pink Cataplasm" wrapping
- *Localized draining massage with "Cocktail di Vigna"

7th day

- Pressotherapy with application of "Cryotherapy Gel" Pressotherapy with application of "Cryotherapy Gel"
 - Vichy Massage Shower with "Vinaccioli Oil"
 - *Wrapping with "Mousse di Mare"
 - *Localized draining massage with " Grape Slim Oil"

Price

7 days: 418€

Senses Massage - Candles

 Body massage performed with the oil of a candle (balsam), whose low melting point allows the wax to be converted into a warm oil with a pleasant texture for a massage. The combination of the heat stimulates the energy zones and the subtlety of the oil and aroma, becomes a pleasant awakening of the senses, helping to prevent body tension, eliminating stress and activating the lymphatic circulation.

If you prefer, you can do a peeling beforehand!

Prices

Posterior Massage: 38€
Full Body Massage: 55€
Peeling + Full Body Massage: 70€